نسائي

|  |  |  |  |
| --- | --- | --- | --- |
| **المقاسات** | **UK بريطاني** | **GER ألماني** | **FR فرنساوي** |
| XS | 4 | 30 | 32 |
| XS | 6 | 32 | 34 |
| S | 10 | 36 | 38 |
| S | 12 | 38 | 40 |
| M | 14 | 40 | 42 |
| M | 16 | 42 | 44 |
| L | 18 | 44 | 46 |
| L | 20 | 46 | 48 |
| XL | 22 | 48 | 50 |
| XL | 24 | 50 | 52 |
| XXL | 26 | 52 | 54 |
| XXL | 28 | 54 | 56 |

رجالي

|  |  |  |  |
| --- | --- | --- | --- |
| **المقاسات** | **UK بريطاني** | **GER ألماني** | **FR فرنساوي** |
| XS | 30 | 40 | 40 |
| XS | 32 | 32 | 42 |
| S | 34 | 44 | 44 |
| S | 36 | 46 | 46 |
| M | 38 | 48 | 48 |
| M | 40 | 50 | 50 |
| L | 42 | 52 | 52 |
| L | 44 | 54 | 54 |
| XL | 46 | 56 | 56 |
| XL | 48 | 58 | 58 |
| XXL | 50 | 60 | 60 |
| XXL | 52 | 62 | 62 |

أطفال

|  |  |  |  |
| --- | --- | --- | --- |
| **المقاس** | **US أمريكي** | **UK بريطاني** | **EU أوروبي** |
| XS | 2 | 6 | 34 |
| S | 4 | 8 | 36 |
| M | 6 | 10 | 38 |
| L | 8 | 12 | 40 |
| XL | 10 | 14 | 42 |
| XXL | 12 | 16 | 44 |

بالوزن

|  |  |
| --- | --- |
| **الوزن بـ كجم** | **المقاس** |
| 54- 50 | 36 |
| 50- 55 | 38 |
| 55- 60 | 40 |
| 60- 65 | 42 |
| 65- 70 | 44 |
| 70- 75 | 46 |
| 75- 80 | 48 |
| 80- 85 | 50 |
| 85- 90 | 52 |
| 90- 95 | 54 |
| 95- 100 | 56 |
| 100- 105 | 58 |







